

Signposting for Kinship Parents and Carers

Safeguarding

Early Help and Family Help Teams

[Hampshire Early Help Services](#) provide support to families, children and young people facing various challenges. These services aim to intervene early to prevent issues from escalating. They are designed to ensure families receive the right support at the right time from the right professionals.

Hampshire Safeguarding Children Partnership

The [Hampshire Safeguarding Children Partnership](#) (HSCP) is dedicated to keeping children safe and ensuring their wellbeing within Hampshire. They have a range of resources for adults who would like more information or support around safeguarding issues for children and young people up to the age of 18.

Stop Domestic Abuse

[STOP DOMESTIC ABUSE](#) in Hampshire offers a range of services specifically designed to support children and young people affected by domestic abuse. These services include:

- one-to-one support: personalised support, advice and education for school-aged children (4-17 years) who have experienced or are currently experiencing domestic abuse
- group work: various group programmes aimed at improving confidence, self-esteem, understanding healthy relationships, and ensuring personal safety. These groups are available for children aged 5-17

Advice line: a confidential advice line (03300 165 112) for victims, survivors, family members and professionals seeking support or information.

Family Rights Group

[Family Rights Group](#) is a leading child welfare charity in England and Wales. It supports families whose children are involved with or need children's services due to welfare concerns. The charity combines legal and social work expertise, advice services, policy advocacy and direct support for families and young people

Support for Kinship Carers

Hampshire Family Connections Service

The Family Connections Service at Hampshire County Council:

[I'm a Special Guardian | Children and Families | Hampshire County Council](#)

<https://fish.hants.gov.uk/kb5/hampshire/directory/advice.page?id=dpFQbT16HyQ>

can provide guidance, support and practical advice about special guardianship, whether you're considering a special guardianship order, currently being assessed or have had an order granted. These services include:

- support groups across the county
- training and 'lite bites' for special guardians on a range of themes, including life story, attachment and supporting children who have experienced trauma
- applications for the adoption and special guardianship support fund
- monthly newsletter

Contact via FCSSGO@hants.gov.uk

Kinship

[Kinship](#) is the leading charity in England and Wales dedicated to supporting kinship carers.

The support offered by Kinship includes:

- advice and guidance for kinship carers
- workshops and roadshows
- support groups and peer networks
- resources for professionals, including schools and social workers
- digital toolkits for events like Kinship Care Week

Kinship Carers UK

[Kinship Carers UK | kinship](#) is a national charity that supports kinship carers. The charity recognises the vital role these carers play and works to ensure they receive the support, training and advocacy they need. The key services they offer are:

- **support groups:** local peer-led groups offering emotional support, advice and encouragement
- **bespoke training:** tailored training for kinship carers and the professionals working with them
- **advocacy services:** helping carers navigate legal, educational and social care systems
- **youth club:** a dedicated space for children and young people (aged 6–16) in kinship care to connect and thrive.

Trauma

Hampshire CAMHS

Hampshire Child and Adolescent Mental Health Services [CAMHS](#) is an NHS specialist service that supports young people aged 5-18 years and their families who are experiencing difficulties with their mental and emotional health. Key services include:

- **assessment and treatment:** CAMHS provides comprehensive assessments and tailored treatment plans for a range of mental health issues, including anxiety, depression and behavioural problems
- **crisis support:** immediate support for young people in mental health crises, ensuring they receive timely and appropriate care
- **therapeutic interventions:** various therapeutic approaches, such as cognitive-behavioural therapy (CBT), family therapy and group therapy.

CAMHS also provide a range of information and advice sessions and events for parents and carers across Hampshire: [Events – CAMHS](#)

Back to Basics

The [Hampshire Back to Basics](#) initiative aims to empower parents and carers to support their family's emotional wellbeing by focusing on fundamental aspects of daily life.

Solihull Approach

The Hampshire Solihull Approach is a partnership between Hampshire County Council and the Solihull Approach, offering free online courses for parents, carers, grandparents and professionals working with children. These courses are designed by psychologists and professionals to help understand children's feelings, development and behaviour:

[The Solihull Approach | Health and social care | Hampshire County Council](#)
[Online courses for emotional health and wellbeing](#)

Anna Freud National Centre for Children and Families

[Anna Freud National Centre for Children and Families](#) supports the mental health of children through research, training and treatment and offers free resources supporting children's mental health.

They also offer two free professional networks: [Early Years in Mind](#) and [Schools in Mind](#).

Beacon House

[Beacon House](#) is a therapeutic service with a specialist interest in working with those who have experienced trauma and loss and offers information and resources around the impact and repair of trauma and adversity.

Special Educational Needs and Disability (SEND)

Special Educational Needs and Disability Information, Advice and Support Service (SENDIASS)

[Hampshire SENDIASS - Special Educational Needs Support](#) provides impartial and confidential support to children and young people with special educational needs and disabilities (SEND), as well as their parents and carers.

Parent Guide to Special Educational Needs (SEN)

The [Quick Guide - Parent Guide to SEN.pdf](#) provides information on the support system for children and young people with special educational needs and disabilities (SEND), including the types of support they will receive at school and an overview of the application for an education, health and care plan (EHCP).

Health

NHS Healthier Together website

The NHS [Healthier Together website](#) is a comprehensive resource aimed at improving the health and wellbeing of children, young people and pregnant women. The website encourages collaboration between patients and healthcare professionals to enhance local healthcare delivery.