



Healing Spaces Training Programme

The **International Rescue Committee**, in collaboration with **Hampshire Virtual School**, is running a **free in-person Healing Spaces** session on **Wednesday, April 29th, 2026**. The training will be at **Farnborough College of Technology, Boundary Rd, Farnborough GU14 6SB** and will run from **9:30 AM - 15:00 PM**.

WHAT WILL THE PROGRAMME INVOLVE?

An introduction to trauma-informed approaches, a review of the trauma-informed framework with case studies to implement it in real-life situations, techniques and strategies to support people dealing with potential trauma.

Step 1: Preparing a Safe Place with techniques to help instill a sense of control and a welcoming environment.

Step 2: Building a Community with techniques to help people form healthy relationships, buddy schemes, and culturally competent ways of working with diversity.

Step 3: Fostering Future Success with techniques to help people envision and then practically plan what they want their life to look like in the UK.

WHY SHOULD I TAKE PART?

- Become trauma-informed in your work helping you to navigate difficult situations in a safe and supportive way.
- Gain a better understanding of how to foster strong, safe and inclusive communities.
- Receive a free physical copy of our 100-page handbook full of key guidance to support the initial training course and your future work with forcibly displaced people. Receive access to our resource library.

HOW DO I TAKE PART?

REGISTER BY SCANNING THIS QR CODE



or

CLICKING ON THIS IMAGE



Please visit our [website](#) for more information.