

Signposting for Kinship Parents and Carers in Early Years Settings

Trauma

Hampshire CAMHS

Hampshire Child and Adolescent Mental Health Services [CAMHS](#) is an NHS specialist service that supports young people aged 5-18 years and their families who are experiencing difficulties with their mental and emotional health.

Key services include:

- **assessment and treatment:** CAMHS provides comprehensive assessments and tailored treatment plans for a range of mental health issues, including anxiety, depression and behavioural problems
- **crisis support:** immediate support for young people in mental health crises, ensuring they receive timely and appropriate care
- **therapeutic interventions:** various therapeutic approaches, such as cognitive-behavioural therapy (CBT), family therapy and group therapy

Anna Freud National Centre for Children and Families

[Anna Freud National Centre for Children and Families](#) supports the mental health of children through research, training and treatment and offers free resources supporting children's mental health. They also offer two free professional networks: [Early Years in Mind](#) and [Schools in Mind](#).

Beacon House

[Beacon House](#) is a therapeutic service with a specialist interest in working with those who have experienced trauma and loss and offers information and resources around the impact and repair of trauma and adversity.

Centre of Excellence in Child Trauma

[Centre of Excellence in Child Trauma](#) is an organisation combining resources, research and knowledge from experts across the sector.

Support for Kinship Carers

Hampshire Family Connections Service

The Family Connections Service at Hampshire County Council:

[I'm a Special Guardian | Children and Families | Hampshire County Council](#)

<https://fish.hants.gov.uk/kb5/hampshire/directory/advice.page?id=dpFQbT16HyQ>

can provide guidance, support and practical advice about special guardianship, whether you're considering a special guardianship order, currently being assessed or have had an order granted.

These services include:

- support groups across the county
- training and lite bite for special guardians on a range of themes, including life story, attachment and supporting children who have experienced trauma
- applications for the adoption and special guardianship support fund
- monthly newsletter

Contact via FCSSGO@hants.gov.uk

Kinship

[Kinship](#) is the leading charity in England and Wales dedicated to supporting kinship carers. The support offered by Kinship includes:

- advice and guidance for kinship carers
- workshops and roadshows
- support groups and peer networks
- resources for professionals, including schools and social workers
- digital toolkits for events like Kinship Care Week

Kinship Carers UK

[Kinship Carers UK | kinship](#) is a national charity that supports kinship carers. The charity recognises the vital role these carers play and works to ensure they receive the support, training, and advocacy they need.

The key services they offer are:

- **support groups:** local peer-led groups offering emotional support, advice and encouragement
- **bespoke training:** tailored training for kinship carers and the professionals working with them
- **advocacy services:** helping carers navigate legal, educational and social care systems
- **youth club:** a dedicated space for children and young people (aged 6-16) in kinship care to connect and thrive.

Adoption & Special Guardian Support Fund

[Adoption and special guardianship support fund \(ASGSF\) - GOV.UK](#)

The adoption and special guardian support fund (ASGSF) provides funds to local authorities and regional adoption agencies (RAAs) to pay for essential therapeutic services to support adoption/care related needs for eligible adoptive, special guardianship order (SGO) and child arrangement order (CAO) families. Parents and Guardians can seek ASGSF funding via their supporting social care team such as Adopt South or the Family Connections Service.

Safeguarding

Early Help and Family Help Teams

[Hampshire Early Help Services](#) provide support to families, children and young people facing various challenges. These services aim to intervene early to prevent issues from escalating. They are designed to ensure families receive the right support at the right time from the right professionals.

Hampshire Safeguarding Children Partnership

The Hampshire Safeguarding Children Partnership (HSCP) [Homepage - Hampshire SCP](#) is dedicated to keeping children safe and ensuring their wellbeing within Hampshire. It brings together local agencies to ensure effective child protection services. The partnership co-ordinates safeguarding services, identifies and responds to children's needs and conducts local child safeguarding practice reviews. The HSCP also provides training and resources for professionals working with children and families.

Resources that may be of particular interest are:

[Toolkits - Hampshire SCP](#)

[HSCP Briefing - Thematic Review – Safeguarding Children and Reduced Educational Engagement](#)

[Valuable Children with Disrupted Education - Hampshire SCP](#)

[Educational Neglect Advice - Hampshire SCP](#)

Family Rights Group

[Family Rights Group](#) is a leading child welfare charity in England and Wales. It supports families whose children are involved with or need children's services due to welfare concerns. The charity combines legal and social work expertise, advice services, policy advocacy and direct support for families and young people

Health

NHS Healthier Together website

The NHS [Healthier Together website](#) is a comprehensive resource aimed at improving the health and wellbeing of children, young people and pregnant women. The website encourages collaboration between patients and healthcare professionals to enhance local healthcare delivery.

Autism Hampshire

www.AutismHampshire.org.uk provide information and advice to parents and children with a diagnosis or who are waiting for an Autism assessment. Autism Hampshire are commissioned to provide free workshops for families of autistic children and young people – pre and post assessment/diagnosis

<https://www.autismhampshire.org.uk/how-we-can-help/training-consultancy/parent-workshops>

Attention Deficit Disorder Information and Support Service (ADDISS)

www.addiss.co.uk provide information and resources about ADHD to families and professionals. More information can be found on their website

Hampshire Happy Talkers

[Hampshire Happy Talkers - Speech Language and Communications Pathway | Hampshire CTS](#)

Hampshire Happy Talkers is a programme that supports young children's speech, language and communication development by helping families and early years practitioners create language-rich environments and promote early communication skills.



Education and Family Support

Hampshire Services for Young Children

Hampshire Early Years Services [Home](#) | [SFYC](#) support young children, families and childcare providers across Hampshire to give children the best possible start in life. Services include advice on childcare and funded early education, support for children's learning, development and wellbeing, and guidance for early years settings to deliver high-quality provision. Hampshire also offers family support and early help services, working with families and other professionals when additional support may be needed.

Best Start Family Hubs

[Best Start Family Hubs](#) | [Children and Families](#) | [Hampshire County Council](#)

Best Start Family Hubs support families from pregnancy onwards by offering advice, activities and services that promote children's health, development and wellbeing.

Solihull Approach

The Hampshire Solihull Approach is a partnership between Hampshire County Council and the Solihull Approach, offering free online courses for parents, carers, grandparents, and professionals working with children. These courses are designed by psychologists and professionals to help understand children's feelings, development and behaviour.

[The Solihull Approach](#) | [Health and social care](#) | [Hampshire County Council](#)
[Online courses for emotional health and wellbeing](#)



Special Educational Needs and Disability (SEND)

Special Educational Needs and Disability Information, Advice and Support Service (SENDIASS)

[Hampshire SENDIASS - Special Educational Needs Support](#) provides impartial and confidential support to children and young people with special educational needs and disabilities (SEND), as well as their parents and carers.

Services for Young Children – Portage Support

Portage is a home visiting educational service for families with children from nine months old to statutory school age, who have additional needs and meet the Portage referral criteria.

[SfYC Portage Support](#) | [Children and Families](#) | [Hampshire County Council](#)

Parent Guide to Special Educational Needs (SEN)

The [Quick Guide - Parent Guide to SEN.pdf](#) provides information on the support system for children and young people with special educational needs and disabilities (SEND) including the types of support they will receive at school and an overview of the application for an education, health and care plan (EHCP).

[Special Educational Needs \(SEN\) Service contacts](#) | [Education and learning](#) | [Hampshire County Council](#)

