Signposting for social care professionals - previously looked after children and young people (PLAC)

Safeguarding

Hampshire Safeguarding Children Partnership

The Hampshire Safeguarding Children Partnership (HSCP) is dedicated to keeping children and young people safe and ensuring their wellbeing within Hampshire. Practitioners may find the resources relating to safeguarding, reduced educational engagement, educational neglect and vulnerable learners particularly useful when supporting young people who are PLAC.

Stop Domestic Abuse

STOP DOMESTIC ABUSE in Hampshire offers a range of services specifically designed to support children and young people affected by domestic abuse. These services include:

- one-to-one support: personalised support, advice and education for school-aged children (4-17 years) who have experienced or are currently experiencing domestic abuse
- group work: various group programmes aimed at improving confidence, self-esteem, understanding healthy relationships, and ensuring personal safety. These groups are available for children aged 5-17

Advice line: a confidential advice line (03300 165 112) for victims, survivors, family members and professionals seeking support or information.

Family Rights Group

Family Rights Group is a leading child welfare charity in England and Wales. It supports families whose children are involved with or need children's services due to welfare concerns. The charity provides legal and practical advice for families involved with children's services and offers resources that may support practitioners working with families affected by adoption, special guardianship or permanence arrangements.

Support for Adoptive Parents and families

Adopt South

Adopt South | Health and social care | Hampshire County Council is the regional adoption agency (RAA) for Hampshire, Isle of Wight, Portsmouth and Southampton. They provide advice, guidance and support , along with regular events for adoptive families. They also operate a telephone support line on 03003000001 which can be accessed Monday to Friday between 8.30am and 5pm (4.30pm on a Friday)

PAC-UK

www.pac-uk.org is the country's largest independent Adoption Support Agency. PAC's vision is that all those affected by adoption, Special Guardianship and other forms of permanent care are supported and enabled to live their lives to the full. PAC provides specialist adoption, special guardianship and permanency support, including advice for professionals working with care-experienced and previously looked after young people.
PAC-UK | Adoption & Permanency: Advice, Support, Counselling & Training
National PAC-UK Advice Line:0300 1800 090

Adoption UK

Adoption UK Charity offer a wide range of services and support for adopters in the UK including therapeutic support from, education resources, training courses, community support, forums and community groups. They provide resources, training, education information, peer support and advice for families and professionals supporting adopted and previously looked-after children and young people. Please note that membership is required in order to access some of Adoption UK's services.

Support for Special Guardians

Hampshire Family Connections Service

The Family Connections Service at Hampshire County Council provide guidance, support and practical advice about special guardianship, at any point in your guardianship journey.
I'm a Special Guardian | Children and Families | Hampshire County Council
Family Connections Service | Hampshire CTSH Their services include:

- support groups across the county
- training and 'lite bites' for special guardians on a range of themes, including life story work, attachment and supporting children who have experienced trauma
- Support with applications for the Adoption and Special Guardianship Support Fund (ASGSF)
- monthly newsletter

Support for Special Guardians…continued

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SGO Support (UK-wide)
Home - SGO Support SGO Support UK is a dedicated online hub offering:
- Practical advice and emotional support
- Information on finance, housing, managing contact, and legal processes
- Peer support and FAQs

If you are supporting a special guardian who is also a kinship carer, please see also look at the signposting and information in our Kinship Care section

Adoption & Special Guardian Support Fund

Adoption and special guardianship support fund (ASGSF) - GOV.UK

The adoption and special guardian support fund (ASGSF) provides funds to local authorities and regional adoption agencies (RAAs) to pay for essential therapeutic services to support adoption/care related needs for eligible adoptive, special guardianship order (SGO) and child arrangement order (CAO) families.

The ASGSF may fund therapeutic interventions to address the impact of early trauma, attachment difficulties and loss experienced by eligible adopted children and young people subject to Special Guardianship or Child Arrangement Orders. Practitioners should consider whether families may benefit from support through Adopt South or Family Connections

Trauma

Beacon House
Beacon House is a therapeutic service with a specialist interest in working with those who have experienced trauma and loss and offers information and resources around the impact and repair of trauma and adversity. Home Useful for practitioners supporting PLAC young people whose educational engagement may be affected by earlier experiences.

Anna Freud National Centre for Children and Families
Anna Freud National Centre for Children and Families supports the mental health of children through research, training and treatment and offers free resources supporting children's mental health.

Hampshire CAMHS

Hampshire Child and Adolescent Mental Health Services CAMHS is an NHS specialist service that supports young people aged 5-18 years and their families who are experiencing difficulties with their mental and emotional health. Key services include:
- **assessment and treatment:** CAMHS provides comprehensive assessments and tailored treatment plans for a range of mental health issues, including anxiety, depression and behavioural problems
- **crisis support:** immediate support for young people in mental health crises, ensuring they receive timely and appropriate care
- **therapeutic interventions:** various therapeutic approaches, such as cognitive-behavioural therapy (CBT), family therapy and group therapy.

CAMHS also provide a range of information and advice sessions and events for parents and carers across Hampshire: Events – CAMHS

Where young people are approaching adulthood, practitioners should consider planning for transitions between CAMHS and adult mental health services where ongoing support is required

Solihull Approach

The Hampshire Solihull Approach is a partnership between Hampshire County Council and the Solihull Approach, offering free online courses for parents, carers, grandparents and professionals working with children. These courses are designed by psychologists and professionals to help understand children's feelings, development and behaviour:
The Solihull Approach | Health and social care | Hampshire County Council
Online courses for emotional health and wellbeing

Special Educational Needs and Disability (SEND)

Hampshire SEND Services

Hampshire SEN can provide information regarding SEND support, EHCPs and education pathways for young people up to the age of 25.

Special educational needs and disabilities | Education and learning | Hampshire County Council

More information about the help and services available for children and young people (aged 0 to 25 years) with special educational needs and disabilities (SEND) and their families in Hampshire can be found on the local offer SEND Local Offer | Hampshire CTSH

Special Educational Needs and Disability Information, Advice and Support Service (SENDIASS)

Hampshire SENDIASS - Special Educational Needs Support provides impartial and confidential support to children and young people with special educational needs and disabilities (SEND), as well as their parents and carers.

Parent Guide to Special Educational Needs (SEN)

The Quick Guide - Parent Guide to SEN.pdf provides information on the support system for children and young people with special educational needs and disabilities (SEND), including the types of support they will receive at school and an overview of the application for an education, health and care plan (EHCP).

Health and Wellbeing

NHS Healthier Together website

The NHS Healthier Together website is a comprehensive resource aimed at improving the health and wellbeing of children, young people and pregnant women. The website encourages collaboration between patients and healthcare professionals to enhance local healthcare delivery.

Foetal Alcohol Spectrum Disorder

The **NHS** website has information and further links for information: www.nhs.uk/conditions/fetal-alcohol-spectrum-disorder/

Adoption UK has its own FASD hub providing information, resources and support for parents, carers and professionals FASD Hub | Home | Adoption UK Charity

Autism Hampshire

www.AutismHampshire.org.uk provide information and advice to parents and children with a diagnosis or who are waiting for an Autism assessment. Autism Hampshire are commissioned to provide free workshops for families of autistic children and young people – pre and post assessment/diagnosis https://www.autismhampshire.org.uk/how-we-can-help/training-consultancy/parent-workshops

BRAAIN

www.Braain.co.uk support parents and carers of children with Attention Deficit Hyperactivity Disorder (ADHD) and Autistic Spectrum Condition (ASC) or Special Educational Needs (SEN).

Attention Deficit Disorder Information and Support Service (ADDISS)

www.addiss.co.uk provide information and resources about ADHD to families and professionals. More information can be found on their website

Education and training

Participation and Lifelong Learning – Hampshire County Council

Hampshire's Education Participation Team offers individual support for young people aged 16 to 18 (years 12 and 13) to help them access employment, education, and training opportunities

Education Participation | Education and learning | Hampshire County Council

Hampshire Future's career service Careers - information for young people | Education and learning | Hampshire County Council provides career information and online support including advice and activities to help young people with future planning and improving employability skills.

Course: Hampshire Futures Careers Information Service | Hampshire PALL

Hampshire Virtual School – Extended Duties Team

The Extended Duties team provides advice, guidance, training and consultation relating to the education of previously looked-after children and young people. The team can support professionals to understand barriers to engagement, educational vulnerability and effective practice, as well as providing a link between education and social care.
VSExtendedDuties@hants.gov.uk