



# SAY GOODNIGHT LITTLE KITTEN

By Ladybird



Help Little Kitten say goodnight to the garden in this gentle, interactive bedtime board book.

This rhyming story follows Little Kitten as she scampers through the garden and travels home to bed. Along the way, the reader is invited to say, sing or kiss goodnight to all the creatures on the journey. This peaceful, snuggly bedtime story is ideal for sharing with your toddler and for building bonds. A perfect first bedtime book for toddlers who love to say goodnight!

## Rhymes are important!

Reading rhyming books and singing nursery rhymes to your child is an important foundation for later reading skills.

*Experts in literacy and child development have discovered that if children know eight nursery rhymes by heart by the time they're four years old, they're usually among the best readers by the time they're eight.*

(Mem Fox, Reading Magic)



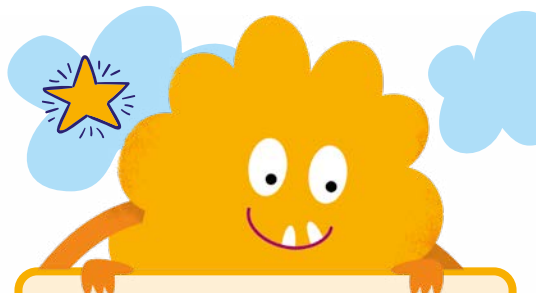
Use the link below to access over 100 traditional and new nursery rhymes. Don't forget you can have fun changing the words and adding your little one's name.

<https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-a-to-z-index/z4ddgwx>

## Bedtime Routines



Having a regular bedtime routine is important. Start to calm things down at least an hour before you want your child to sleep. Having a warm bath followed by time to cuddle up with a story is the perfect way to prepare your little one for a good nights sleep.



<https://www.nhs.uk/conditions/baby/health/sleep-and-young-children/>



## Pussy Cat, Pussy Cat

*Pussy cat, pussy cat, where have you been?  
I've been to London to visit the queen.  
Pussy cat, pussy cat, what did you there?  
I frightened a little mouse under her chair!*

