







North

Council



BABY TOUCH COLOURS

by Ladybird

This touch-and-feel book is perfect for little ones to explore using all their senses.

Walkies Round the Garden.

Walkies round the garden, like a teddy bear. One step, two step... Tickle you under there!

As you say the rhyme, draw circles on your baby's palm and then walk your fingers up their arm ready to tickle them under their armpit or chin.

Tip: Try and wait for your baby to respond after 'One step... Two **step...'**. That way they can show you that they're ready for a tickle.



Exploring through touch.

Babies love to learn through talk and touch. Your baby will be eager to explore the world around them through touch.

Talking about how things feel, and naming them, will help your baby to learn language.

See Alison and her son Austin do just that with a book:

https://tinyurl.com/2252x3je



Make a collection of everyday colourful items with interesting textures.



Put them in a box or basket for your baby to explore.

Find things that are soft, hard, rough, smooth just like the textures in the book.

Do not leave your baby unattended with this activity.

